

ESH 101: A Survival Guide

GETTING READY FOR SCHOOL...

- **Read your teacher's welcome letter through PowerSchool**

PowerSchool is a system used by the Lab Schools to communicate to parents regarding student's private information. Academic information, contact information, progress and grade reports, teacher's comments, and attendance information are all stored in PowerSchool. Login and password are required.
<https://sis.ucls.uchicago.edu/public/>

- **Submit all necessary medical forms to the Nurse's Office**

<http://www.ucls.uchicago.edu/ucls-parents/nurse>

- **Register your child in Extended Day or Special Classes after school**

Extended Day provides opportunities for your child to connect with friends, discover and develop interests, and relax before and after school. Various special classes are offered during after school.
<http://www.ucls.uchicago.edu/ucls-parents/extended-day>

- **A full size backpack is needed for your child that can fit all of their belongings inside (e.g. lunchbox, snow pants, etc.)**

- **Label all of your child's belongings!**

Purchase Mabel's Labels to support the Lab Parents' Association:

http://mabelslabels.com/c/?type=fundraiser&b=4170&cur_website=us_website

AT THE START OF SCHOOL...

- **ID Card**

Every parent and caregiver will be required to have an ID with the newly issued parent lanyard to enter ESH or any Lab building!

If you do not already have UChicago ID, a Parent ID can be made. ID issuance will be available in the ESH lobby during the first 2 days of school from 8:30-11am or at Regenstein Library, 1100 E 57th St. Please bring your state- or government-issued ID.





PICKING UP / DROPPING OFF YOUR CHILD



WALKING / BIKING

Stroller storage and bike / scooter racks are in front of ESH. Additional bike racks are in the rear. Walking or biking caregivers will pick their children up outside their child's classroom door.

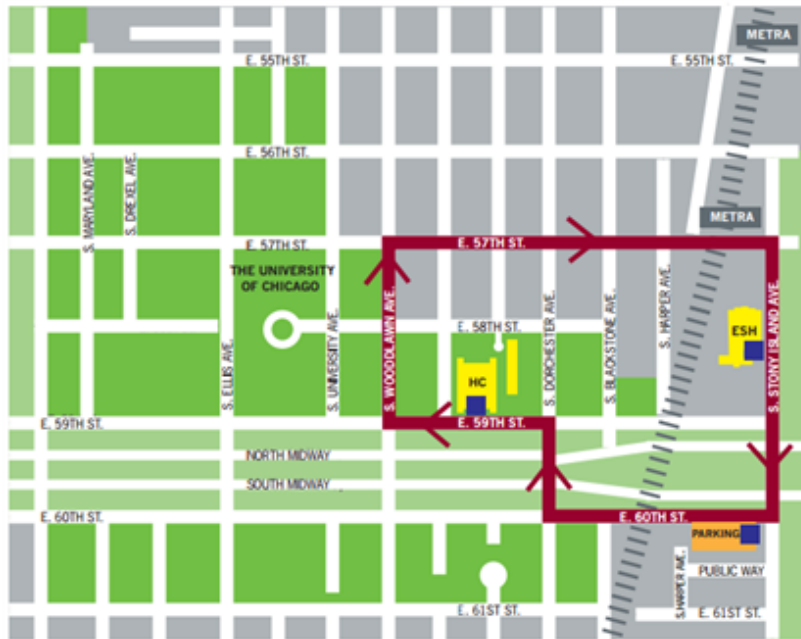


DRIVING

Parents can park their car in the 60th Street and Stony Island Avenue UChicago Parking Lot and either walk to ESH or catch the Lab Shuttle. Street parking is also available on Stony Island Avenue and the Midway.

LAB SHUTTLE ROUTE →

Hours of operation –
School days only:
Mornings: 7:30–8:30 a.m.
Afternoons: 2–4p.m.
Schedule - every 15 minutes
hours of operation



during

Shuttle Bus Stops

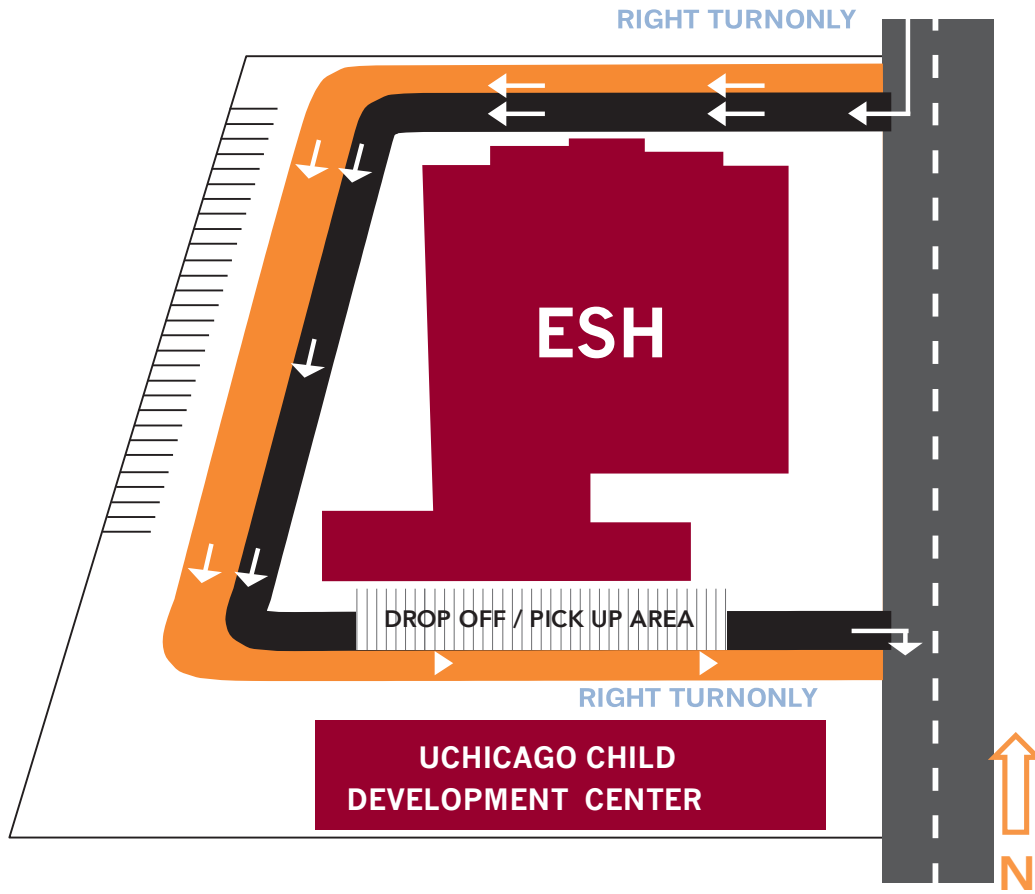


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CAR LINE

Students may be dropped off and picked up in the designated area (refer to map below). An adult will be on hand to help your child in to or out of the vehicle.

PLEASE SHOW CAUTION AND CONSIDERATION TO FELLOW DRIVERS AND PEDESTRIANS, AND YIELD TO CHILDREN CROSSING IN THE PARKING LOT!



BUS TRANSPORTATION

Bus routes are available for students in the following neighborhoods: Lincoln Square / Lakeview, Lincoln Park / DePaul, Wicker Park / Bucktown, Gold Coast / South Loop.

<https://www.ucls.uchicago.edu/ucls-parents/student-bus-services>



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LUNCH

Café Lab

A Brown Bag Plan is available to purchase for students in Nursery - Grade 5.

Milk and juice plans are available for students in K - Grade 5. Milk and juice will be delivered to the students' classroom at lunch time each day.

<https://www.ucls.uchicago.edu/ucls-parents/cafe-lab>

ESH is a completely PEANUT & TREE-NUT FREE BUILDING!

Below are some ideas to fill your child's lunch box:

Lunch Box

<h4>MAIN</h4> <ul style="list-style-type: none">hard boiled eggtotilla roll upsandwich:<ul style="list-style-type: none">turkeyhamchickengrilled chickencottage cheesesoup (thermos)dinner leftoverspita pocketsmac-n-cheese	<h4>FRUIT</h4> <ul style="list-style-type: none">blueberriesstrawberriescherriesnectarinepeachbananaapplegrapesplumkiwimelonmangoclementineorangebananaraspberrieswatermelonmandarin oranges
<h4>VEGGIE</h4> <ul style="list-style-type: none">baby carrotscelery stickssugar snap peascucumber slicescherry tomatoesbroccolipepperssalsacole slawlettuce salad	<h4>SNACK</h4> <ul style="list-style-type: none">goldfish crackersraisins/craisinstotilla chipsmini-muffinsrice cakeyogurtpretzelstrail mixcheesepopcorngranola barcookiesfruit barcereal (dry)puddingbaked chipsyogurt raisinsrice krispie treatgraham crackers

Grade 1 & 2 Parents: you need to pack a daily snack for your children.

Another favorite thing for the Nursery / Kindergarten group :
placing notes, drawings and cut-out figures from a parent into their lunch box!



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GET INVOLVED!

- **Room Parent**

Room Parents are self-selected parent volunteers from your child's classroom. To sign up, login to PowerSchool. www.ucls.uchicago.edu/ucls-parents

- **Parents' Association (PA) Website**

There are many volunteer opportunities throughout the year. Please check out: <https://labpa2010.wufoo.com/forms/x1dhy0oy04ba9za/>



COMMUNICATION TOOLS

- **University of Chicago Laboratory Schools website: www.ucls.uchicago.edu**

On the top of the website, there will be a "Parent Page" www.ucls.uchicago.edu/ucls-parents. Through the website you can access the Calendar, which has the most up to date, comprehensive and accurate information about events at the school. It also answers many basic parent-related questions. The Parent Page requires a login and password.

- **PowerSchool**

This is the platform that Lab uses to communicate with parents regarding their child's private information. It is where you'll get information regarding your child's attendance record, standardized test scores, progress reports and class assignments. Family and emergency contact information can be updated here, too. PowerSchool requires a login and password.

- **Schoology**

Schoology will be used by teachers to communicate directly with parents about classroom activities and information. Expect different teachers to use Schoology in varying ways and frequency. Schoology requires a login and password.

- **FACTS**

FACTS is the online billing system for non-tuition charges. After you set up your account, you can make payments for Café Lab (lunches), field trips, Extended Day, etc. It requires a login and password.





Parents' Association ("PA") Website: www.labparents.org

All Parents' Association events, announcements, meetings, speaker series, volunteer opportunities and more are posted on this website. Also, check here if you're interested in learning more about who is serving on the PA Council and Board.



Facebook Page

Group Name: Lab Moms and Dads

A Lab parent set up this Facebook page. Its private setting allows Lab parents to exchange pictures and comments with one another. Most posts include babysitter and tutor recommendations; selling items like concert tickets, games, and used furniture; etc.



Twitter

Carla Young's Twitter Account: [@UCLSNK](https://twitter.com/UCLSNK)

Principal of Nursery and Kindergarten

Susan Devetski's Twitter Account: [@UCLSPRIMARY](https://twitter.com/UCLSPRIMARY)

Principal of the Primary School

- **DIRECT MESSAGES**

E-News

This electronic newsletter comes out every two weeks. **E-News is Lab's main method of communication to parents.** It is divided up into events that include all schools, as well as division specific events. It provides announcements on all school matters such as school plays, athletic tryouts, social events, deadlines, etc. **Be sure to scroll down to view the N/K and Primary Schools' events and announcements.**

Room Parents

They will email the class to organize class parties, potlucks, parents' night out and to provide reminders. They may communicate through Schoology.

Teachers

Individual teachers will communicate in a variety of ways, including Schoology, emails and newsletters.



ESH IMPORTANT CONTACTS & WEBSITE LINKS

Principals
Carla Young, N/K
773.702.2129
Susan Devetski, PS
773.702.9448

Reporting an Absence
N/K: 773.834.1911
PS: 773.702.4543

Parents' Association
www.labparents.org
parents@ucls.uchicago.edu

Lab School's Website
www.ucls.uchicago.edu

ESH PA Council Members:
Amy Liszt - amyliszt@gmail.com
Leny Leung - leny.halim@gmail.com
Manali Barua - manali.barua@gmail.com
Shipra Parikh - shipraparikh@yahoo.com
Sieglinde Lim-Seiwert - s@lindelim.com
Tiffany Flowers - tiffany.core540@gmail.com

Before & After School Programs
Colleen Coyle, Director
ESH 202
www.ucls.uchicago.edu/ucls-parents/extended-day

Learning and Counseling
ESH 310
www.ucls.uchicago.edu/program/learning-and-counseling

Nurse's Office
Julia Nutley, Nurse
ESH 104
773.702.4132
www.ucls.uchicago.edu/ucls-parents/nurse
(requires log-in to Lab's website)

Registrar:
Brent LaRowe
<http://registrar.uchicago.edu/>
(requires log-in to Lab's website)

Milk & Lunch plans:
Café Lab
<http://www.ucls.uchicago.edu/ucls-parents/cafe-lab>
(requires log-in to Lab's website)

Parent ID Cards
Regenstein Library
1100 E 57th St

School Bus
<http://www.ucls.uchicago.edu/ucls-parents/student-bus-services>
(requires log-in to Lab's website)

